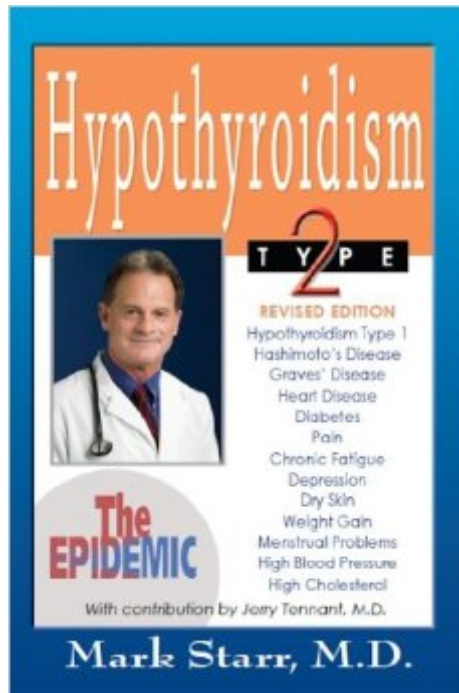


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# Hypothyroidism Type 2: The Epidemic



## Synopsis

An astonishing book revealing the cause and successful treatment for the plague of illnesses affecting western civilization; including obesity, heart attacks, depression, diabetes, strokes, headaches, chronic fatigue, and many more. In Dr. Starr's description of Type 2 Hypothyroidism, he presents overwhelming evidence showing a majority of Americans suffer this illness, which is due to environmental and hereditary factors. Laboratory testing used to diagnose hypothyroidism is completely inadequate, and current treatment for hypothyroidism is ineffective. Groundbreaking research shows how persistent environmental toxins prevent thyroid and other hormones from working properly. This book will lead you to understanding more about your health than anything you have ever read. Many of the more recent patients who have sought help from Dr. Starr have come to him with Hashimoto's and Graves' diseases. As a result, the updated 2011 version added a chapter on Hashimoto's and Graves' disease. Revised for 2013 with a contribution by Jerry Tennant, M.D.

## Book Information

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## Customer Reviews

I have a family history of thyroid disease including both Hashimoto and Graves Disease. I took radioactive iodine for Graves disease 19 years ago, and have been on synthetic thyroid for many years. (Now supplemented with T3 dessicated thyroid hormone).When my kids started experiencing severe medical problems we went to psychiatrists, endocrinologists and even a homeopath in search of answers. Their illnesses were described as non-specific depression, immune disorder,

adrenal fatigue, etc. I finally found a terrific internist who understood natural hormone balancing and who also shared Dr. Starr's belief that thyroid disorder has reached epidemic proportions, particularly among women. She immediately started treating my daughter with thyroid hormone, but ignored thyroid disorder as a possible cause of my son's problems. It was this doctor who actually suggested that I read this book, and she gave a copy of this book to my son's psychiatrist as well. The psychiatrist had diagnosed my son with adrenal fatigue and was treating him with hydrocortisone and Lexapro. He seemed to be improving, but he still was not ready to return to college this fall due to severe insomnia, inability to wake up, inability to deal with stress (adrenal fatigue) and fuzzy thinking. Our last appointment was two days ago and the doctor had not only read the book, but had contacted Dr. Hertoghe in order to make sure that he knew exactly how to test patients. In a very short time was able to integrate all of Dr. Starr's ideas into his understanding of how our bodies work, and more importantly for us, saw my son's problems in a totally new way which I believe will be a breakthrough in his long illness.

Hypothyroidism, Type Two by Mark Starr MD is a tribute to many of the great pioneers of thyroid medicine, Broda Barnes MD, Eugene Hertoghe, and Lawrence Sonkin MD. The book is a sequel to the Broda Barnes classic on low thyroid and a compilation of evidence that modern lab testing is unreliable for the diagnosis of low thyroid, and the current treatment equally lacking. Partly to seek treatment for his own musculoskeletal pain, Starr went to New York to study pain medicine with Hans Krauss at Cornell Medical Center. Starr later opened his own pain clinic and quickly realized that the majority of his patients responded to thyroid medication with pain relief. If you have read the Broda Barnes book, Hypothyroidism, the Unsuspected Illness, you will find many of the same ideas explained and elaborated by Mark Starr's tribute to the earlier work. For example, the definition of Type Two Hypothyroidism is defined as cellular resistance to the action of thyroid hormone. While thyroid hormone's main action is to increase the size and number of mitochondria, the mitochondrial DNA is highly susceptible to genetic mutations because of maternal transmission. An unforeseen outcome of the medical victory over infectious diseases with modern antibiotics is the creation of new generations of low thyroid children who in earlier times would have succumbed to childhood infectious diseases. They now survive to adulthood thanks to antibiotics, and according to both Starr and Barnes, later develop heart disease as undiagnosed low thyroid adults. The book contains fascinating reprints of old medical book photos of patients with low thyroid before and after treatment, and adds a valuable chapter on clinical signs and symptoms of low thyroid.

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